

PROCLAMATION

Myalgic Encephalomyelitis and Chronic Fatigue Syndrome (ME/CFS) Awareness Day ~ May 12, 2016

WHEREAS, Myalgic Encephalomyelitis (ME), commonly called Chronic Fatigue Syndrome (CFS), is a complex and debilitating disease in which awareness is needed in order to end the stigma and discrimination due to lack of knowledge that accompanies this chronic illness; and

WHEREAS, individuals in the U.S. have been diagnosed with this chronic illness, affecting all ages, races, socio-economic groups, men and women—presently, while millions more have yet to be diagnosed, the causes, cures or effective treatments are unknown; and

WHEREAS, May 12 was chosen as it coincides with the birth date of Florence Nightingale, the English army nurse who inspired the founding of the International Red Cross and who also suffered from Myalgic Encephalomyelitis (ME) / Chronic Fatigue Syndrome (CFS), a debilitating illness that rendered her bedridden for most of her life; and

WHEREAS, Myalgic Encephalomyelitis / Chronic Fatigue Syndrome (ME/CFS) Awareness Day seeks to raise the awareness profile related to the disease - to stress the very real and highly debilitating effect that this disease can have on those suffering.

NOW, THEREFORE, BE IT RESOLVED that the City Council of the City of Elk Grove, does hereby proclaim May 12, 2016 as Myalgic Encephalomyelitis and Chronic Fatigue Syndrome (ME/CFS) Awareness Day in the City of Elk Grove, to promote information and discussion about this debilitating disease, and to encourage support to those diagnosed - finding the means to elevate and enhance their quality of life.

SIGNED this 11th day of May, 2016.



GARY DAVIS, MAYOR



STEVE LY, VICE MAYOR



STEVEN M. DETRICK, COUNCIL MEMBER



PATRICK HUME, COUNCIL MEMBER



DARREN SUEN, COUNCIL MEMBER