WHEREAS, an estimated 20 million children and adults in the
United States have neuro-endocrine immune diseases (NEIDs) including
myalgic encephalomyelitis/chronic fatigue syndrome (ME/CFS),
fibromyalgia syndrome (FM), chronic Lyme disease (CLD), Gulf War
illness (GWI) and multiple chemical sensitivity (MCS); and

WHEREAS, these complex diseases disrupt many different body
systems and organs which cause neurological problems including
dysfunction of the autonomic central nervous system, cognitive
impairment of memory and concentration, insomnia, sensitivities to
chemicals, endocrine system abnormalities and immunological problems
among others, and they often complicate daily activities and persist for
years; and

WHEREAS, NEIDs are debilitating chronic illnesses that can be
life threatening, often taking an average of three to seven years to
diagnose, and health organizations around the world are working to
promote the education and training of health care professionals in the
proper care and treatment of patients; and

NOW BE IT HEREBY PROCLAIMED by the Anaheim City Council that
May 12, 2015, be designated as

INTERNATIONAL ME/CFS AND FIBROMYALGIA AWARENESS DAY

and the City of Anaheim hereby recognizes the difficulties encountered
by these chronically ill individuals and encourage citizens to support
research to find a cure and assist those who live with these devastating
conditions to enhance their quality of life.

AUTHORIZED by the Anaheim City Council this 21st day of April,
2015.

CITY CLERK

TOM TAFT, MAYOR

LUCILLE KRING, MAYOR PRO TEM

KELLY

ARTS MURRAY, COUNCIL MEMBER

JAYNE BRANDMAN, COUNCIL MEMBER

JAMES VANDERBILT, COUNCIL MEMBER
Whitney: Casualty of ME/CFS...bedridden for 4 years...11 years of suffering...entirely bedridden in a dark room...unable to speak or communicate...unable to eat...PICC line to the heart provides only nutrients...115 pounds...6'3"
4 Day Walkabout for ME/CFS Awareness.
This May 9-12, 2015

May 12th has been designated as International Awareness Day for Chronic Immunological and Neurological Diseases (CIND) since 1992. The diseases included in CIND are Myalgic Encephalomyelitis/Chronic Fatigue Syndrome (ME/CFS), Fibromyalgia (FM), Gulf War Syndrome (GWS) and Multiple Chemical Sensitivities (MCS).

ME/CFS is a major public health problem. Up to four million people are affected in the U.S. alone, upwards of 20 million worldwide. It is a complex, multi-system disorder with no clear diagnosis and no effective treatments or cure. An estimated 25% are entirely house, bed or wheelchair bound. Up to 60% are bedridden on their worst days. Approximately 80% are unable to work or attend school full time. There are more patients with ME/CFS than with AIDS, MS, lupus or lung cancer. Source OMF.

This disease has not received the proper research it deserves because of the name it was given in 1987. The name Chronic Fatigue Syndrome makes this condition sound trivial. It is far from trivial. People waste away to skin and bones. They lose friends and family, lose jobs, homes, and end up on the streets. This is NOT a trivial disease.

You can help raise awareness by wearing the color blue, the chosen color of ME/CFS, on Saturday, May 9th, and continue to wear blue through May 12th, the official ME/CFS Awareness Day. Learn about this disease. Tell others why you’re wearing blue. Spread the word.

If you would like to donate to help find a cure you can do so at:

Pandora Org http://Pandoraorg.net

Or, The Open Medicine Foundation www.openmedicinefoundation.org

Pandora Org donates research dollars for a cure and brings meals and quilts to homebound patients. The President and Board members have spoken at federal government advisory committee meetings in the hopes of building more research funding and are active in donating to research groups.

Here in Orange County the support group, Fibromyalgia Awareness National Network, TheFANN.org, has been working with California State University Fullerton’s Fibromyalgia and Chronic Pain Research Program for more than a decade.

Organized by Harvey Keith Carden, Keithscf@gmail.com, a board member of Pandora.org.