



Resolution

Recognizing May 12, 2016 as Myalgic Encephalomyelitis and Chronic Fatigue Syndrome Awareness Day

WHEREAS, Myalgic Encephalomyelitis (ME), commonly called Chronic Fatigue Syndrome (CFS), is a complex and debilitating disease in which awareness is needed in order to end the stigma and discrimination due to lack of knowledge that accompanies this chronic illness; and

WHEREAS, over 1 million individuals in the U.S. have been diagnosed with this chronic illness, affecting all ages, races, socio-economic groups, men and women; while millions more have yet to be diagnosed, and

WHEREAS, presently, the causes, as well as cures or effective treatments, are unknown; and

WHEREAS, May 12th was chosen as it coincides with the birth date of Florence Nightingale, the English army nurse who inspired the founding of the International Red Cross and who also suffered from Myalgic Encephalomyelitis / Chronic Fatigue Syndrome, a debilitating illness that renders her bedridden for most of her life; and

WHEREAS, Myalgic Encephalomyelitis/Chronic Fatigue Syndrome Awareness Day seeks to raise the awareness profile related to the disease and the very real and highly debilitating effect that this disease can have on those suffering; and

WHEREAS, promotion of information and dialogue about this debilitating disease is helpful in the encouragement and support of those diagnosed.

NOW, THEREFORE, BE IT RESOLVED, by the Mayor and Council of the City of Sacramento that we do hereby recognize May 12, 2016 as Myalgic Encephalomyelitis and Chronic Fatigue Syndrome Awareness Day.

ISSUED: This 10th Day of May, 2016.

CRA2016-020



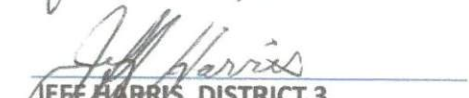
KEVIN JOHNSON, MAYOR



ANGELIQUE ASHBY, DISTRICT 1



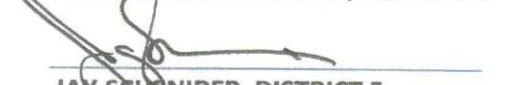
ALLEN WAYNE WARREN, DISTRICT 2



JEFF HARRIS, DISTRICT 3



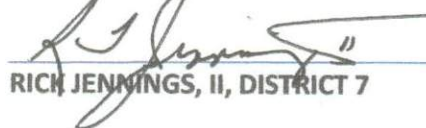
STEVE HANSEN, DISTRICT 4



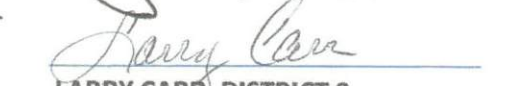
JAY SCHENIRER, DISTRICT 5



ERIC GUERRA, DISTRICT 6



RICH JENNINGS, II, DISTRICT 7



LARRY CARR, DISTRICT 8