

Proclamation of the Mayor

of the City of West Sacramento

RECOGNIZING MAY 12, 2016 AS MYALGIC ENCEPHALOMYELITIS (CHRONIC FATIGUE SYNDROME) AWARENESS DAY

WHEREAS, Myalgic Encephalomyelitis (ME), commonly called Chronic Fatigue Syndrome (CFS), is a complex and debilitating disease in which awareness is needed in order to end the stigma and discrimination due to lack of knowledge that accompanies this chronic illness; and

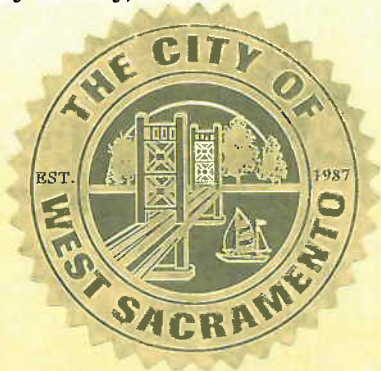
WHEREAS, millions of individuals in the U.S. have been diagnosed with this chronic illness, affecting all ages, races, social-economic groups, men and women - presently, while millions more have yet to be diagnosed, the causes, as well as cures or effective treatments, are unknown; and

WHEREAS, May 12 was chosen as it coincides with the birth date of Florence Nightingale, the English army nurse who inspired the founding of the International Red Cross and who also suffered from Myalgic Encephalomyelitis (ME) / Chronic Fatigue Syndrome (CFS), a debilitating illness that rendered her bedridden for most of her life; and

WHEREAS, Myalgic Encephalomyelitis (ME) / Chronic Fatigue Syndrome (CFS) Awareness Day seeks to raise the awareness profile related to the disease - to stress the very real and highly debilitating effect that this disease can have on those suffering.

NOW, THEREFORE, BE IT PROCLAIMED, that the Mayor of the City of West Sacramento does hereby recognize May 12, 2016, as Myalgic Encephalomyelitis (ME) / Chronic Fatigue Syndrome (CFS) Awareness Day in the City of West Sacramento, to promote information and discussion about this debilitating disease, and to encourage support to those diagnosed - finding the means to elevate and enhance their quality of life.

PROCLAIMED this 12th day of May, 2016.



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CHRISTOPHER L. CABALDON
Mayor of West Sacramento

ATTEST:

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KRYSS RANKIN
West Sacramento City Clerk