

**A PROCLAMATION OF THE
CITY COUNCIL OF THE CITY OF SAN RAMON
DECLARING MAY 12, 2016
AS INTERNATIONAL AWARENESS DAY FOR
MYALGIC ENCEPHALOMYELITIS, CHRONIC
FATIGUE SYNDROME, FIBROMYALGIA, AND
MULTIPLE CHEMICAL SENSITIVITY**

WHEREAS, Myalgic Encephalomyelitis, also known as Chronic Fatigue Syndrome (ME/CFS), is a neurologic and/or neuroimmune disease characterized by overwhelming chronic fatigue, pain, post-exertional malaise, headaches, cardiac symptoms, immune disorders, dizziness, and balance problems, effectively impairing every day activities others may take for granted; and

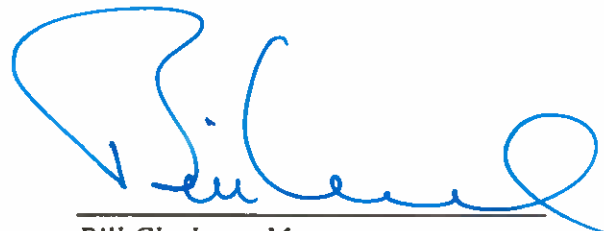
WHEREAS, over 20 million individuals worldwide, 2 million in the United States, and approximately 400 San Ramon residents are afflicted by these chronic illnesses. In addition, children and young adults affected by the disease have had to drop out of school, severely limiting their potential; and

WHEREAS, once diagnosed, one is often ill for years and many as 70% are disabled for life. These illnesses affect men, women and children of all backgrounds and presently the cause is unknown; and

WHEREAS, despite its prevalence and ongoing efforts, there is no cure for ME/CFS, nor is there an explanation for what causes it. Given its mysterious nature and debilitating effects, it is critical that we educate the public, support those who are battling the disease and advocate for continued medical research. It is estimated that ME/CFS costs the United States economy about \$51 billion annually; and

NOW, THEREFORE, BE IT RESOLVED that the City Council of the City of San Ramon does hereby proclaim May 12, 2016, as "International Awareness Day For Myalgic Encephalomyelitis, Chronic Fatigue Syndrome, Fibromyalgia, And Multiple Chemical Sensitivity" day in San Ramon, and urge our citizens to increase awareness, end the stigma and discrimination that accompanies these diseases, and promote greater understanding and hope.

Dated: June 2, 2016



Bill Clarkson, Mayor