

headaches, cardiac symptoms, dizziness and balance problems; and, is a neurological and autoimmune disease characterized by overwhelming fatigue, pain, WHEREAS, myalgic encephalomyelitis, commonly known as chronic fatigue syndrome,

in many areas of the body, along with fatigue and sleep dysfunction, generalized or regional stiffness, and in some cases neurological and cognitive symptoms. This pain can become strong enough to prevent people from working or engaging in physical activities WHEREAS, fibromyalgia is characterized by severe musculoskeletal pain and tenderness

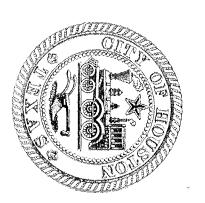
kinds of pollutants such as chemicals, perfumes and other environmental triggers; and, or intolerances, is an unusually severe sensitivity and allergy-like reaction to different WHEREAS, multiple chemical sensitivities (MCS), also called environmental sensitivities

worthwhile endeavor and extends best wishes for a rewarding observance. those living with these illnesses. The City of Houston commends the participants of this illnesses, the need for clinical services for standardized treatment and the health status of Multiple Chemical Sensitivity Day will help to increase public awareness on May 12, 2016, Chronic Fatigue Syndrome,

12, 2016, as THEREFORE, I, Sylvester Turner, Mayor of the City of Houston, hereby proclaim May

## Chronic Fatigue Syndrome, Fibromyalgia and Multiple Chemical Sensitivity Day

in Houston, Texas.



In Witness Whereof, I have hereunto set my hand and have caused the Official Seal of the City of Houston to be affixed this 28<sup>th</sup> day of April, 2016.

Sylvester Turner Mayor of the City of Houston Alata.